

MDS-ALS: The Mini-Series Session #2

Case Mix Team
June 2022



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MDS-ALS Mini-series #2

MDS-ALS Training: Agenda

- Basic Assessment Tracking Form
- Section S: Setting the ARD
- Section S: Completing the assessment
- Section A
- Section B, C, and D
- Section F, H, and I
- Section K, L, and N
- Section O and Q
- Section R, T, and U
- Discharge Tracking form
- Submission of Assessments

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MDS-ALS Training

MDS-ALS Assessment Tool

Section by Section



Means payment item

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MDS-ALS Training

MDS-ALS Payment Items for Adult Family Care Homes

MDS-ALS Payment Item	Description
B3	Cognitive Skills for Daily Decision-Making
E1a-E1r	Indicators of Depression, Anxiety, and/or Sad Mood
G1aa-G1ga	ADL Self-Performance (excluding stairs)
G2	Bathing Self-Performance
G5Aa-G5Ai	IADL Self-Performance
H4	Use of Incontinent Supplies
O5F	Self-Administered Medications: Over-the Counter Meds
O6	Medication Preparation and Administration
P10	Physician Orders

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MDS-ALS Training

Section S: Assessment Information and Signatures

SECTION S. ASSESSMENT INFORMATION

1.	PARTICIPATION IN ASSESSMENT	a. Resident: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes
		b. Family: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes <input type="checkbox"/> 2. No Family
		c. Other Non-Staff: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes <input type="checkbox"/> 2. None
2.	SIGNATURES OF PERSONS COMPLETING THE ASSESSMENT:	
	a. Signature of Assessment Coordinator (sign on line above)	
	b. Date Assessment Coordinator signed as complete <input type="text"/> - <input type="text"/> - <input type="text"/>	
	c. Other Signatures	Title Sections Date
	d.	Date
3.	CASE MIX GROUP	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

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1.	RESIDENT NAME	a. (First) b. (Middle Initial) c. (Last) d. (Jr/Sr)
2.	GENDER	<input type="checkbox"/> 1. Male <input type="checkbox"/> 2. Female
3.	BIRTHDATE	<input type="text"/> - <input type="text"/> - <input type="text"/> Month Day Year
4.	RACE/ETHNICITY (Check only one.)	<input type="checkbox"/> 1. American Indian/Alaskan Native <input type="checkbox"/> 2. Asian/Pacific Islander <input type="checkbox"/> 3. Black, not of Hispanic origin <input type="checkbox"/> 4. Hispanic <input type="checkbox"/> 5. White, not of Hispanic origin <input type="checkbox"/> 6. Other
5.	SOCIAL SECURITY and MEDICARE NUMBERS (C in 1 st box if no med. no.)	a. Social Security Number <input type="text"/> - <input type="text"/> - <input type="text"/> b. Medicare number (or comparable railroad insurance number) <input type="text"/> - <input type="text"/>
6.	FACILITY NAME AND PROVIDER NO.	a. Facility Name _____ b. Provider No. <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
7.	MAINECARE NO.	(Record a "+" if pending, "N" if not a MaineCare recipient) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>

Section AA: Identification Information.

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Face Sheet: Background Information

Completed at the time of the resident's initial **admission** to the facility.

Section AB: Demographic Information

Section AC: Customary Routine

Section AD: Face Sheet Signatures and dates

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MDS-ALS Training

Section A: Identification and Background information

1. RESIDENT NAME	a. (First)	b. (Middle Initial)	c. (Last)	d. (Jr/Sr)
2. SOCIAL SECURITY and MEDICARE NUMBERS (C in 1 st box if no med. no.)	a. Social Security Number <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			
	b. Medicare number (or comparable railroad insurance number) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/>			
3. FACILITY NAME AND PROVIDER NO.	a. Facility Name <input type="text"/>			
	b. Provider No. <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			
4. MAINECARE NO.	<i>[Record a "+" if pending, "N" if not a MaineCare recipient]</i> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			
5. ASSESSMENT DATE	<i>Last day of observation period</i> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Month Day Year			
6. REASON FOR ASSESSMENT	<i>(Check primary reason for assessment)</i> <input type="checkbox"/> 1. Admission assessment <input type="checkbox"/> 2. Annual assessment <input type="checkbox"/> 3. Significant change in status assessment <input type="checkbox"/> 4. Semi-Annual <input type="checkbox"/> 5. Other (specify) _____			

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Section B: Cognitive Patterns



1.	MEMORY	(Recall of what was learned or known) a. Short-term memory OK—seems/appears to recall after 5 minutes <input type="checkbox"/> 0. Memory OK <input type="checkbox"/> 1. Memory problem b. Long-term memory OK—seems/appears to recall long past <input type="checkbox"/> 0. Memory OK <input type="checkbox"/> 1. Memory problem
2.	MEMORY/RECALL ABILITY	(Check all that resident was normally able to recall during last 7 days) <input type="checkbox"/> a. Current season <input type="checkbox"/> d. That he/she is in a facility/home <input type="checkbox"/> b. Location of own room <input type="checkbox"/> e. NONE OF ABOVE are recalled <input type="checkbox"/> c. Staff names/faces
3.	COGNITIVE SKILLS FOR DAILY DECISION-MAKING (Check only one)	(Made decisions regarding tasks of daily life) <input type="checkbox"/> 0. INDEPENDENT —decisions consistent/reasonable <input type="checkbox"/> 1. MODIFIED INDEPENDENCE —some difficulty in new situations only <input type="checkbox"/> 2. MODERATELY IMPAIRED —decisions poor; cues/supervision required <input type="checkbox"/> 3. SEVERELY IMPAIRED —never/rarely made decisions
4.	COGNITIVE STATUS (Check only one)	Resident's cognitive status or abilities now compared to resident's status 180 days ago (or since admission if less than 180 days). <input type="checkbox"/> 0. No change <input type="checkbox"/> 1. Improved <input type="checkbox"/> 2. Declined

Modified Cognitive Skills		If value B3>0 then Score=1, otherwise score =0	
B3	Cognitive skills for daily decision-making		

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SECTION C. COMMUNICATION/HEARING PATTERNS

1.	HEARING (Check only one)	(With hearing appliance, if used) <input type="checkbox"/> 0. HEARS ADEQUATELY —normal talk, TV, phone <input type="checkbox"/> 1. MINIMAL DIFFICULTY when not in quiet setting <input type="checkbox"/> 2. HEARS IN SPECIAL SITUATIONS ONLY —speaker has to adjust tonal quality and speak distinctly <input type="checkbox"/> 3. HIGHLY IMPAIRED —absence of useful hearing
2.	COMMUNICATION DEVICES/TECHNIQUES	(Check all that apply during last 7 days.) <input type="checkbox"/> a. Hearing aid, present and used <input type="checkbox"/> b. Hearing aid, present and not used regularly <input type="checkbox"/> c. Other receptive communication techniques used (e.g., lip reading) <input type="checkbox"/> d. NONE OF ABOVE
3.	MAKING SELF UNDERSTOOD (Check only one)	(Expressing information content—however able) <input type="checkbox"/> 0. UNDERSTOOD <input type="checkbox"/> 1. USUALLY UNDERSTOOD —difficulty finding words or finishing thoughts <input type="checkbox"/> 2. SOMETIMES UNDERSTOOD —ability is limited to making concrete requests <input type="checkbox"/> 3. RARELY/NEVER UNDERSTOOD
4.	ABILITY TO UNDERSTAND OTHERS (Check only one)	(Understanding information content—however able) <input type="checkbox"/> 0. UNDERSTANDS <input type="checkbox"/> 1. USUALLY UNDERSTANDS —may miss some part / intent of message <input type="checkbox"/> 2. SOMETIMES UNDERSTANDS —responds adequately to simple, direct communication <input type="checkbox"/> 3. RARELY/NEVER UNDERSTANDS

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SECTION D. VISION PATTERNS

1.	VISION (Check only one.)	(Ability to see in adequate light and with glasses if used)	
		<input type="checkbox"/> 0. ADEQUATE —sees fine detail, including regular print in newspapers/books	
		<input type="checkbox"/> 1. IMPAIRED —sees large print, but not regular print in newspapers/books	
		<input type="checkbox"/> 2. MODERATELY IMPAIRED —limited vision; not able to see newspaper headlines, but can identify objects	
		<input type="checkbox"/> 3. HIGHLY IMPAIRED —object identification in question, but eyes appear to follow objects	
		<input type="checkbox"/> 4. SEVERELY IMPAIRED —no vision or sees only light, colors, or shapes; eyes do not appear to follow objects	
2.	VISUAL APPLIANCES	a. Glasses, contact lenses	<input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes
		b. Artificial eye	<input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes

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SECTION F. PSYCHOSOCIAL WELL-BEING


1.	SENSE OF INITIATIVE/ INVOLVEMENT (Check all that apply.)	<input type="checkbox"/> a. At ease interacting with others <input type="checkbox"/> b. At ease doing planned or structured activities <input type="checkbox"/> c. At ease doing self-initiated activities <input type="checkbox"/> d. Establishes own goals <input type="checkbox"/> e. Pursues involvement in life of facility (e.g., makes/keeps friends; involved in group activities; responds positively to new activities; assists at religious services) <input type="checkbox"/> f. Accepts invitations into most group activities <input type="checkbox"/> g. NONE OF ABOVE
2.	UNSETTLED RELATIONSHIPS (Check all that apply.)	<input type="checkbox"/> a. Covert/open conflict with or repeated criticism of staff <input type="checkbox"/> b. Unhappy with roommate <input type="checkbox"/> c. Unhappy with residents other than roommate <input type="checkbox"/> d. Openly expresses conflict/anger with family/friends <input type="checkbox"/> e. Absence of personal contact with family/friends <input type="checkbox"/> f. Recent loss of close family member/friend <input type="checkbox"/> g. Does not adjust easily to change in routines <input type="checkbox"/> h. NONE OF ABOVE
3.	LIFE-EVENTS HISTORY (Check all that apply.)	Events in past 2 years <input type="checkbox"/> a. Serious accident or physical illness <input type="checkbox"/> b. Health concerns for other person <input type="checkbox"/> c. Death of family member or close friend <input type="checkbox"/> d. Trouble with the law <input type="checkbox"/> e. Robbed/physically attacked <input type="checkbox"/> f. Conflict laden or severed relationship <input type="checkbox"/> g. Loss of income leading to change in lifestyle <input type="checkbox"/> h. Sexual assault/abuse <input type="checkbox"/> i. Child custody issues <input type="checkbox"/> j. Change in marital/partner status <input type="checkbox"/> k. Review hearings (e.g., forensic, certification, capacity hearing) <input type="checkbox"/> l. NONE OF ABOVE

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Note: this section has a **14-day** look back period.



1. CONTINENCE SELF-CONTROL CATEGORIES (Code for resident's PERFORMANCE OVER ALL SHIFTS)																		
0. CONTINENT —Complete control (includes use of indwelling urinary catheter or ostomy device that does not leak urine or stool)																		
1. USUALLY CONTINENT —BLADDER, incontinent episodes once a week or less; BOWEL, less than weekly																		
2. OCCASIONALLY INCONTINENT —BLADDER, 2 or more times a week but not daily; BOWEL, once a week																		
3. FREQUENTLY INCONTINENT —BLADDER, tended to be incontinent daily, but some control present (e.g. on day shift); BOWEL, 2-3 times a week																		
4. INCONTINENT —Had inadequate control BLADDER, multiple daily episodes; BOWEL, all (or almost all) of the time																		
a.	BOWEL CONTINENCE	Control of bowel movement, with appliance or bowel continence programs, if employed																
b.	BLADDER CONTINENCE	Control of urinary bladder function with appliances (e.g. foley) or continence programs, if employed																
2.	BOWEL ELIMINATION PATTERN	Bowel elimination pattern regular—at least one movement every three days Constipation	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%; text-align: center;">a.</td> <td style="padding: 2px;">Diarhea</td> <td style="width: 5%;"></td> </tr> <tr> <td style="text-align: center;">b.</td> <td style="padding: 2px;">Fecal Impaction</td> <td></td> </tr> <tr> <td style="text-align: center;">c.</td> <td style="padding: 2px;">Resident is independent</td> <td></td> </tr> <tr> <td style="text-align: center;">d.</td> <td style="padding: 2px;">NONE OF ABOVE</td> <td></td> </tr> </table>	a.	Diarhea		b.	Fecal Impaction		c.	Resident is independent		d.	NONE OF ABOVE				
a.	Diarhea																	
b.	Fecal Impaction																	
c.	Resident is independent																	
d.	NONE OF ABOVE																	
3.	APPLIANCES and PROGRAMS	Any scheduled toileting plan Bladder retraining program External (condom) catheter Indwelling catheter Intermittent catheter	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%; text-align: center;">a.</td> <td style="padding: 2px;">Did not use toilet room/commode/urinal</td> <td style="width: 5%;"></td> </tr> <tr> <td style="text-align: center;">b.</td> <td style="padding: 2px;">Pads/briefs used</td> <td></td> </tr> <tr> <td style="text-align: center;">c.</td> <td style="padding: 2px;">Enemas/irrigation</td> <td></td> </tr> <tr> <td style="text-align: center;">d.</td> <td style="padding: 2px;">Ostomy present</td> <td></td> </tr> <tr> <td style="text-align: center;">e.</td> <td style="padding: 2px;">NONE OF ABOVE</td> <td></td> </tr> </table>	a.	Did not use toilet room/commode/urinal		b.	Pads/briefs used		c.	Enemas/irrigation		d.	Ostomy present		e.	NONE OF ABOVE	
a.	Did not use toilet room/commode/urinal																	
b.	Pads/briefs used																	
c.	Enemas/irrigation																	
d.	Ostomy present																	
e.	NONE OF ABOVE																	
4.	USE OF INCONTINENCE SUPPLIES (Check only one.)	Resident's management of incontinence supplies (pads, briefs, ostomy, catheter) in last 14 days . <input type="checkbox"/> 0. Always continent <input type="checkbox"/> 1. Resident incontinent and able to manage incontinence supplies independently. <input type="checkbox"/> 2. Resident incontinent and receives assistance with managing incontinence supplies. <input type="checkbox"/> 3. Resident incontinent and does not use incontinence supplies.																

Management of Incontinence Supplies		If H4=0, Score=0; If H4=1, Score=1; If H4=2, Score=2; If H4=3, Score=0
H4	Ability to manage incontinent supplies	

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POP QUIZ !

0 - Continent – Complete control

1 - Usually Continent – Bladder, incontinent episodes occur once a week or less. Bowel incontinent episodes occur less than once a week.

2 - Occasionally Incontinent – Bladder incontinent episode occur two or more times a week but not daily. Bowel incontinent episodes occur once a week.

3 - Frequently Incontinent – Bladder, tended to be incontinent daily, but some control present (e.g., on day shift) Bowel, 2-3 times a week.

4 - Incontinent – Bladder incontinent episodes occur multiple times daily. Bowel incontinence is all (or almost all) of the time.

A. Mr. Q was taken to the toilet after every meal, before bed, and once during the night. He was never found wet.

B. Mr. R had an indwelling catheter in place during the entire 14-day assessment period. He was never found wet.

C. Although she is generally continent of urine, every once in a while (about once in two weeks) Mrs. T doesn't always make it to the bathroom in time after receiving her daily diuretic pill

D. Late in the day when she is tired, Mrs. A sometimes (but not all days) has more episodes of urinary incontinence.

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Section I: Diagnosis

All diseases and conditions must have physician documented diagnosis in the clinical record.

Do not include conditions that have been resolved or no longer affect the resident's functioning or service plan.

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MDS-ALS Training

Section K: Oral and Nutritional Status

SECTION K. ORAL/NUTRITIONAL STATUS	
1. ORAL PROBLEMS (Check all that apply.)	<input type="checkbox"/> a. Mouth is "dry" when eating a meal <input type="checkbox"/> b. Chewing Problem <input type="checkbox"/> c. Swallowing Problem <input type="checkbox"/> d. Mouth Pain <input type="checkbox"/> e. NONE OF ABOVE
2. HEIGHT AND WEIGHT	Record (a.) height in inches and (b.) weight in pounds. Base weight on most recent measure in last 30 days; measure weight consistently in accord with standard facility practice—e.g., in a.m. after voiding, before meal, with shoes off, and in nightclothes. a. HT (in.) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> b. WT (lb.) <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
3. WEIGHT CHANGE	a. Unintended weight loss—5% or more in last 30 days; or 10% or more in last 180 days <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes b. Unintended weight gain—5% or more in last 30 days; or 10% or more in last 180 days <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes
4. NUTRITIONAL PROBLEMS OR APPROACHES (Check all that apply.)	<input type="checkbox"/> a. Complains about the taste of many foods <input type="checkbox"/> b. Regular or repetitive complaints of hunger <input type="checkbox"/> c. Leaves 25% of food uneaten at most meals <input type="checkbox"/> d. Therapeutic diet <input type="checkbox"/> e. Mechanically altered (or pureed) diet <input type="checkbox"/> f. Noncompliance with diet <input type="checkbox"/> g. Eating disorders <input type="checkbox"/> h. Food allergies (specify) _____ <input type="checkbox"/> i. Restrictions (specify) _____ <input type="checkbox"/> j. NONE OF ABOVE

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Section L: Oral / Dental Status

SECTION L. ORAL/DENTAL STATUS

1. ORAL STATUS AND DISEASE PREVENTION (Check all that apply.)	<input type="checkbox"/> a. Has dentures or removable bridge
	<input type="checkbox"/> b. Some/all natural teeth lost—does not have or does not use dentures (or partial plates)
	<input type="checkbox"/> c. Broken, loose or carious teeth
	<input type="checkbox"/> d. Inflamed gums (gingiva); swollen or bleeding gums; oral abscesses; ulcers or rashes
	<input type="checkbox"/> e. Daily cleaning of teeth/dentures or daily mouth care—by resident or staff
	<input type="checkbox"/> f. Resident has difficulty brushing teeth or dentures
	<input type="checkbox"/> g. NONE OF ABOVE

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MDS-ALS Training

Section N: Activity Pursuit Patterns

SECTION N. ACTIVITY PURSUIT PATTERNS

1. TIME AWAKE	(Check appropriate time periods over last 7 days) Resident awake all or most of time (i.e., naps no more than one hour per time period) in the: <input type="checkbox"/> a. Morning <input type="checkbox"/> b. Afternoon <input type="checkbox"/> c. Evening <input type="checkbox"/> d. Night (Bedtime to A.M.) <input type="checkbox"/> e. NONE OF ABOVE
2. AVERAGE TIME INVOLVED IN ACTIVITIES (Check only one.)	(When awake and not receiving treatments or ADL care) <input type="checkbox"/> 1. Most—more than 2/3 of time <input type="checkbox"/> 2. Some—from 1/3 to 2/3 of time <input type="checkbox"/> 3. Little—less than 1/3 of time <input type="checkbox"/> 4. None
3. PREFERRED ACTIVITY SETTINGS	(Check all settings in which activities are preferred) <input type="checkbox"/> a. Own room <input type="checkbox"/> b. Day/activity room <input type="checkbox"/> c. Outside facility (e.g., in yard) <input type="checkbox"/> d. Away from facility <input type="checkbox"/> e. NONE OF ABOVE
4. GENERAL ACTIVITY PREFERENCES	(Check all PREFERENCES whether or not activity is currently available to resident) <input type="checkbox"/> a. Cards/other games <input type="checkbox"/> b. Crafts/arts <input type="checkbox"/> c. Exercise/sports <input type="checkbox"/> k. Gardening or plants <input type="checkbox"/> l. Talking or conversing <input type="checkbox"/> m. Helping others

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MDS-ALS Training

Section O: Medications

SECTION O. MEDICATIONS

1.	NUMBER OF MEDICATIONS	(Record the number of different medications used in the last 7 days; enter "0" if none used)	<input type="text"/>	<input type="text"/>
2.	NEW MEDICATIONS	(Resident currently receiving medications that were initiated during the last 90 days)	<input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes	
3.	INJECTIONS	(Record the number of DAYS injections of any type received during the last 30 days; enter "0" if none used.)	<input type="text"/>	<input type="text"/>
4A.	DAYS RECEIVED THE FOLLOWING MEDICATION	(Record the number of DAYS during the last 7 days; enter "0" if not used. Note—enter "4" for long-acting meds used less than weekly)	<input type="checkbox"/> a. Antipsychotic <input type="checkbox"/> d. Hypnotic <input type="checkbox"/> g. Insulin <input type="checkbox"/> b. Antianxiety <input type="checkbox"/> e. Diuretic <input type="checkbox"/> c. Antidepressant <input type="checkbox"/> f. Aricept	
4B.	PRN MEDICATIONS	Does resident have a prescription for any PRN medication for a mental, emotional or nervous condition, or behavioral problem?	<input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes	

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MDS-ALS Training

Section O: Medications



5.	SELF-ADMINISTERED MEDICATIONS (Check all that apply.)	Did resident self-administer any of the following in the last 7 days:
	<input type="checkbox"/> a. Insulin <input type="checkbox"/> e. Glucoscan <input type="checkbox"/> b. Oxygen <input type="checkbox"/> f. Over-the-counter Meds <input type="checkbox"/> c. Nebulizers <input type="checkbox"/> g. Other (specify) _____ <input type="checkbox"/> d. Nitroglycerin <input type="checkbox"/> h. NONE OF ABOVE	
6.	MEDICATION PREPARATION AND ADMINISTRATION	Did resident prepare and administer his/her own medications in last 7 days? (Check only one.)
	<input type="checkbox"/> 0. No Meds <input type="checkbox"/> 1. Resident prepared and administered NONE of his/her own medications. <input type="checkbox"/> 2. Resident prepared and administered SOME of his/her own medications. <input type="checkbox"/> 3. Resident prepared and administered ALL of his/her own medications.	

Self-Administration of Medications		If O5f=1, Score = 0; Otherwise Score = 1;
O5f	Self-administration of over the counter medications	
Medication Preparation and Administration		If O6=0, Score=1; If O6=1, Score=2; If O6=2, Score=1; If O6=3, Score=0;
O6	Did resident prepare and administer any of his/her own medications	

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MDS-ALS Training

Section Q: Service Planning

SECTION Q. SERVICE PLANNING

1.	RESIDENT GOALS <i>(Check all areas in which resident has self-identified goals)</i>	<input type="checkbox"/> a. Health promotion/wellness/exercise <input type="checkbox"/> b. Social involvement/making friends <input type="checkbox"/> c. Activities/hobbies/adult learning <input type="checkbox"/> d. Rehabilitation-skilled <input type="checkbox"/> e. Maintaining physical or cognitive function <input type="checkbox"/> f. Participation in the community <input type="checkbox"/> g. Other (specify) _____ <input type="checkbox"/> h. No goals
2.	CONFLICT	a. Any disagreement between resident and family about goals or service plan? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes b. Any disagreement between resident/family and staff about goals or service plan? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes

Note: this item refers to **Resident self-identified goals**

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MDS-ALS Training

Section R: Discharge Potential

SECTION R. DISCHARGE POTENTIAL

1.	DISCHARGE POTENTIAL	a. Does resident or family indicate a preference to return to community? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes b. Does resident have a support person who is positive towards discharge? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes c. Has resident's self-sufficiency changed compared to 6 months or since admission, if less than 6 months? <input type="checkbox"/> 0. No change <input type="checkbox"/> 1. Improved <input type="checkbox"/> 2. Declined
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MDS-ALS Training

Section T: Preventive Health

SECTION T. PREVENTIVE HEALTH/HEALTH BEHAVIORS													
1. PREVENTIVE HEALTH	<p>(Check all the procedures the resident received during the past 12 months)</p> <table border="0"> <tr> <td><input type="checkbox"/> a. Blood pressure monitoring</td> <td><input type="checkbox"/> g. Breast exam or mammogram</td> </tr> <tr> <td><input type="checkbox"/> b. Hearing assessment</td> <td><input type="checkbox"/> h. Pap smear</td> </tr> <tr> <td><input type="checkbox"/> c. Vision test</td> <td><input type="checkbox"/> i. PSA or rectal exam</td> </tr> <tr> <td><input type="checkbox"/> d. Dental visit</td> <td><input type="checkbox"/> j. Other (specify) _____</td> </tr> <tr> <td><input type="checkbox"/> e. Influenza vaccine</td> <td></td> </tr> <tr> <td><input type="checkbox"/> f. Pneumococcal vaccine (ANY time)</td> <td></td> </tr> </table>	<input type="checkbox"/> a. Blood pressure monitoring	<input type="checkbox"/> g. Breast exam or mammogram	<input type="checkbox"/> b. Hearing assessment	<input type="checkbox"/> h. Pap smear	<input type="checkbox"/> c. Vision test	<input type="checkbox"/> i. PSA or rectal exam	<input type="checkbox"/> d. Dental visit	<input type="checkbox"/> j. Other (specify) _____	<input type="checkbox"/> e. Influenza vaccine		<input type="checkbox"/> f. Pneumococcal vaccine (ANY time)	
<input type="checkbox"/> a. Blood pressure monitoring	<input type="checkbox"/> g. Breast exam or mammogram												
<input type="checkbox"/> b. Hearing assessment	<input type="checkbox"/> h. Pap smear												
<input type="checkbox"/> c. Vision test	<input type="checkbox"/> i. PSA or rectal exam												
<input type="checkbox"/> d. Dental visit	<input type="checkbox"/> j. Other (specify) _____												
<input type="checkbox"/> e. Influenza vaccine													
<input type="checkbox"/> f. Pneumococcal vaccine (ANY time)													

Note: **12-month look back period** for preventive health measures.

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MDS-ALS Training

Section U: Medications list

[illegible]

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MDS-ALS

Training: Discharge Tracking Form

SECTION D1. IDENTIFICATION INFORMATION		SECTION D3. ASSESSMENT/DISCHARGE INFORMATION	
1. PATIENT NAME	a. (First) b. (Middle Initial) c. (Last) d. (U.S.)		
2. GENDER	<input type="checkbox"/> 1. Male <input type="checkbox"/> 2. Female		
3. BIRTHDATE	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Month</div> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Day</div> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Year</div> </div>		
4. RACE/ETHNICITY <small>(Check only one.)</small>	<input type="checkbox"/> 1. American Indian/Alaskan Native <input type="checkbox"/> 5. White, not of Hispanic origin <input type="checkbox"/> 2. Asian/Pacific Islander <input type="checkbox"/> 6. Other <input type="checkbox"/> 3. Black, not of Hispanic origin <input type="checkbox"/> 4. Hispanic <input type="checkbox"/> 4. Hispanic		
5. SOCIAL SECURITY AND MEDICARE NUMBERS <small>(On front, no. 1)</small>	a. Social Security Number b. Medicare number (or comparable national insurance number) <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> </div>		
6. FACILITY NAME AND PROVIDER NO.	a. Facility Name b. Provider No. <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> </div>		
7. MAINECARE NO.	<i>(Record a "x" if pending, "N" if not a MaineCare recipient)</i>		
8. REASON FOR ADMISSION	<i>(NOTE: Other codes do not apply to this form)</i> <input type="checkbox"/> 6. Discharged <input type="checkbox"/> 7. Discharged prior to completing initial assessment		
SECTION D2. DEMOGRAPHIC INFORMATION			
1. DATE OF ENTRY	<i>Date the stay began. Note — Does not include readmission if record was closed at time of temporary discharge to hospital, etc. In such cases, use prior admission date</i> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Month</div> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Day</div> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Year</div> </div>		
2. ADMITTED FROM (if ENTRY) <small>(Check only one.)</small>	<input type="checkbox"/> 1. Private home/apt. <input type="checkbox"/> 2. Other residential care/assisted living/gro home <input type="checkbox"/> 3. Nursing home <input type="checkbox"/> 4. Acute care hospital <input type="checkbox"/> 5. Psychiatric hospital <input type="checkbox"/> 6. MRDQ facility <input type="checkbox"/> 7. Rehabilitation hospital <input type="checkbox"/> 8. Other (specify) _____		
2. DISCHARGE STATUS		<i>Code for resident disposition upon discharge</i> <input type="checkbox"/> 1. Private home/apt. with no home health services <input type="checkbox"/> 2. Private home/apt. with home health services <input type="checkbox"/> 3. Another residential care facility (specify) _____ <input type="checkbox"/> 4. Nursing home (specify) _____ <input type="checkbox"/> 5. Acute care hospital <input type="checkbox"/> 6. Psychiatric hospital, MRDQ facility <input type="checkbox"/> 7. Rehabilitation hospital <input type="checkbox"/> 8. Deceased <input type="checkbox"/> 9. Other (specify) _____	
2. DISCHARGE DATE		<i>Date of death or discharge</i> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Month</div> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Day</div> <div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">Year</div> </div>	
3. SIGNATURES OF PERSONS COMPLETING THE ASSESSMENT:			
a. Signatures		Title	
b.		Date	
c.		Date	

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MDS-ALS Submission

MUSKIE SCHOOL OF PUBLIC SERVICE

Minimum Data Set (MDS) Technical Information

Welcome to Maine's Minimum Data Set (MDS) Technical Information Site

This site provides technical information related to the family of MDS resident assessment instruments used by MaineCare (Maine's Medicaid program). The University of Southern Maine (USM) Cutler Institute for Health and Social Policy maintains this site on behalf of the Maine Department of Health and Human Services (DHHS).

The family of MDS resident assessment instruments includes Minimum Data Sets for:

- Nursing facilities (MDS 3.0)
- Residential care facilities (MDS-RCA)
- Adult family care homes (MDS-ALS)

The information stored at this site is intended to assist:

1. State and Provider staffs with the most current MDS information and resources
2. Computer software designers in meeting State requirements concerning the encoding and electronic transmission of MDS assessments

Website Contents List

- [Nursing Home Links](#)
- [State of Maine Case Mix Page](#)
- [Residential Care \(Level IV PNMI\) Links](#)
- [Adult Family Care Homes Links](#)

Project Staff

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Fax: (207) 228-8083

Allisha Ouellette

MDS Help Desk
Phone: (207)-624-4095 or toll-free 1-844-228-1612
Email: MDS3.0.DHHS@maine.gov

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MDS-ALS Training: Submission

<https://sms.muskie.usm.maine.edu/>

The screenshot shows the login interface for the Maine MDS Submission Management System. At the top, it says "Maine MDS Submission Management System". Below that is a welcome message: "Welcome to the Maine MDS Submission Management System". The login form includes a "Username" field, a "Password" field, and a green "Log In" button. At the bottom, there is a small note: "If you have technical questions regarding this system please contact Catherine Gunn at 207-780-5576".

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MDS-ALS Training: Submission

If you do not submit electronically:

If you do not use software to complete your MDS-ALS, you cannot submit electronically.

You must submit to Catherine via *fax* at: **(207) 228-8083**

DO NOT SUBMIT MDS VIA EMAIL – this is a HIPAA violation and you will be notified

OR

Submit to Catherine via *mail (USPS)*

Please label the envelope specifically to Catherine Gunn and mark **CONFIDENTIAL**

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MDS-ALS Training: Submission

RCF Report					
MDS-RCA Final Validation Report					
Facility Name	FACILITY		Provider ID	123456789	Facility ID 00000
Import Date:	# Records Processed	# Records Rejected	# Records Accepted		
3/19/2014	4	1	3		
Rejected Assessments					
SSN	Resident Name	Reason For Assessment (A6/D1_8)	Assessment Date	Payment RUG Group	CaseMix / Payment Weight

RCF Report					
MDS-RCA Final Validation Report					
Facility Name	FACILITY		Provider ID	123456789	Facility ID 00000
Import Date:	# Records Processed	# Records Rejected	# Records Accepted		
3/19/2014	4	1	3		
Accepted Assessments					
SSN	Resident Name	Reason For Assessment (A6/D1_8)	Assessment Date	Payment RUG Group	CaseMix / Payment Weight

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MDS-ALS Training

What should you do if you find a pattern of incorrect RUG groups between your MDS and the final validation?

- Call your vendor
- Make sure you are checking your validation reports regularly!

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MDS-ALS Training

What if my *software* shows an assessment has been accepted?

- Check your state validation report from SMS to confirm acceptance or rejection
- Software acceptance means your software is accepting the assessment as ready for submission through SMS.

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MDS-ALS Training

Questions?

This completes session #2 of the MDS-ALS Mini-Series.
Email the help desk to register for training sessions, forum calls or to
send questions for the forum call.

MDS3.0.dhhs@maine.gov

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MDS-ALS Training

Reminders:

Quarterly **Res Care Forum Calls** in March, June, September, and December; Call the MDS help desk to register. *We hope to implement an Adult Family Care Home Forum Call soon.*

ASK questions!

ASK more questions!

Attend training as needed

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Case Mix Team Contact Information

- **MDS Help Desk:** 624-4095 or toll-free: 1-844-288-1612
MDS3.0.DHHS@maine.gov
- **Debra Poland RN:** 215-9675
Debra.Poland@maine.gov
- **Julia Jason, RN:** 441-8276
Julia.Jason@maine.gov
- **Emma Boucher RN:** 446-2701
Emma.Boucher@maine.gov
- **Christina Stadig RN:** 446-3748
Christina.Stadig@maine.gov
- **Sue Pinette, RN:** 287-3933 or 215-4504 (cell)
Suzanne.Pinette@maine.gov

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Questions?

**Sue Pinette RN, RAC-CT,
Case Mix Manager
207-287-3933**



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MDS-ALS Training

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